

News Release



For Immediate Release
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Docent Led Hikes at Jug Handle State Reserve Presented Through August 31, 2008.

Ecological Staircase hikes on Thursday, June 26, 2008, Thursday, August 7, 2008, and Thursday, August 28, 2008. All walks start at 10:00 a.m. and end at 2:00 p.m. Meet at the Jug Handle State Reserve parking lot on the west side of Highway 1, about 3 miles south of Fort Bragg. This will be a moderately strenuous 5 mile roundtrip hike. After hiking along the coast, there will be a short drive to the Ecological Staircase trailhead. Learn about the different geological terraces that have been formed over hundreds of thousands of years along the Mendocino Coast. The docent will explain many of the trees and plants seen on the trail. Bring a lunch and water for the hike.

Jug Handle State Reserve is open every day for day use from sunrise to sunset. Admission is free. For more information about the hike call (707) 961-0471.

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For energy efficient recreation –
California State Parks on the Internet: <<http://www.parks.ca.gov>>

