BE SAFE AT THE BEACH

The ocean can be dangerous at any time of the year and in any location. Every year people drown because they do not understand the dangers posed by the massive power and strength of ocean waters. Learn to swim before you go and never swim alone!



OCEAN SAFETY TIPS

- Always keep an eye on the surf—Large waves can hit the shore without warning, crashing much farther up the beach than normal waves. They can knock down both children and adults, and drag them into deep water.
- On steep beaches, be wary of backwash—Even normal waves can create a dangerous rush of water that can knock you off your feet and pull you out into the ocean.
- **Do not dive headfirst into the surf**—Divers may hit hidden rocks or the shallow bottom, resulting in paralysis or death.
- **Know what a rip current is** and how to free yourself if caught in one.

RIP CURRENTS

A rip current is a channel of water flowing away from shore. Rip currents, which are quite common, will typically form at breaks in sandbars or near structures, such as piers.

A rip current can be very narrow or may be more than 50 yards wide. They can quickly increase in speed and therefore may change from moment to moment in terms of the threat they pose to swimmers and waders.

The average speed of a rip current is 1 to 2 feet per second, but they have been found to be as fast as 8 feet per second—faster than an Olympic swimmer!

Rip currents can carry even the strongest swimmer out to sea, sometimes just beyond the line of breaking waves and other times possibly hundreds of yards offshore.

If you find yourself caught in a rip current, the first thing to do is stay calm and don't try to fight the current—it will win, not you. Instead, escape the current by swimming in a direction parallel to the shoreline. When you are free of the current, swim away from the rip current and at an angle toward the shore.



CAMPING RESERVATIONS: You may make camping reservations by calling (800) 444-7275 (TTY 800-274-7275). To make online reservations, visit our website at www.parks.ca.gov/SanElijo. ALTERNATE FORMAT: This publication can be made available in alternate formats. Contact interp@parks.ca.gov.



San Elijo State Beach

2050 South Coast Hwy 101 • Cardiff, CA 92007 • (760) 753-5091

INLAND CAMPSITE \$50 INLAND HOOKUP \$75

OCEAN CAMPSITE \$70 OCEAN HOOKUP \$75

GRUNION RUN GROUP CAMPSITE \$520

This popular oceanfront campground is located between Encinitas and Solana Beach, 40 miles north of San Diego. Stairs lead to the beach.

PARK FEES are due and payable upon entry into the park. Use the self-registration system if the entrance station is closed. Campsite fee covers ONE VEHICLE. Extra-vehicle fees are collected upon arrival and cannot be paid in advance.

OCCUPANCY: Only eight people and three vehicles per standard site. No equipment in the planted areas, please. Only two vehicles per hookup site.

WEHICLE PARKING: Vehicles must be parked within assigned campsite, not on the roadway, in the planted area or beyond the campsite number. Only three licensed vehicles (includes motorcycles/trailers/RVs) are allowed per standard campsite. Only two licensed vehicles are allowed per hookup site. Additional vehicle parking may be available on a night-by-night basis at the North Day-Use Lot, just north of the campground. The fees are paid by automatic pay machine by selecting the overnight option at the lot. One vehicle fee is included with the reservation; second and third vehicles are an additional \$15 upon entry.

VISITORS: Nonregistered guests must exit by 10 p.m.

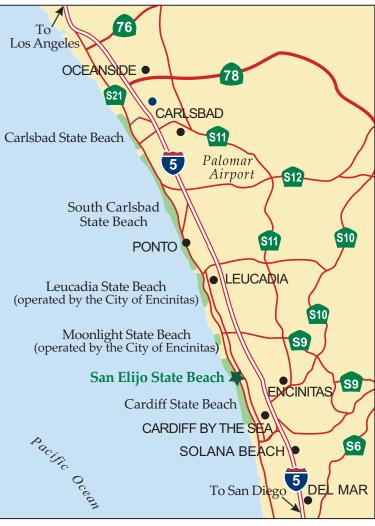
CHECK-OUT TIME is noon. Please leave site clean and on time. Check-in time is 2 p.m. Sorry, no exceptions.

GRUNION RUN GROUP CAMPSITE: This site will accommodate up to 40 people and 10 vehicles. Up to two vehicles may park on the site, all others must park in designated area. Maximum vehicles length is 35 feet.

HOOKUP SITES: Two licensed vehicles maximum. Only one RV (motor home, trailer, tent trailer, van) per site.

SPEED LIMIT: The speed limit is 15 mph. Use good judgment. Children are at play!

PETS/DOGS: Must be kept on a leash no longer than 6 feet and under physical control at all times. Except for service animals, dogs are not permitted on the beach. Pets/dogs must be confined to a vehicle or tent at night. Noisy/vicious animals are not allowed. Please clean up after your animal.



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FIRES AND FIREWOOD: Fires are allowed only in established fire rings. No wood fire allowed on beach. Only propane and butane fires are allowed on beach, with 6-inch clearance from sand. Do not leave any campfires unattended.

GENERATORS: 10 a.m. to 8 p.m. only.

QUIET HOURS are from 10 p.m. to 6 a.m. Please be considerate.

NOISE: Radios and other sound-producing devices must not be audible beyond your immediate campsite, regardless of the time of day or night.

CURFEW: All visitors under the age of 18 must be in their campsites between 10 p.m. to 6 a.m.

ALCOHOL and glass containers are NOT allowed on the beach or beyond your campsite.

PLANTS: All plants are protected. Do not cut or attach items to plants. Do not damage berm or place equipment in plant area between campsites.

SQUIRRELS/WILDLIFE: Do not feed them. It promotes disease, overpopulation and property damage.

TRUCKS: Passengers may not ride in the beds of pick-up trucks (including those with camper shells). California Vehicle Code (CVC) laws apply.

BICYCLES are allowed only on paved roads. Bicycle riders under age 18 must wear a helmet. Bicycles ridden after dark must have a light. Please ride safely.

MOTORIZED SCOOTERS: Operators must have a driver's license or permit to operate. Helmets are required (CVC 21235).

THEFT WARNING: Keep your vehicles locked and your valuables out of sight. Report any suspicious activity to park staff.

ACCESSIBLE PARKING: All vehicles registered in the campground must park within campsite limits. Please leave accessible parking spots available for those using restroom facilities.

LIFEGUARDS: In addition to mobile lifeguards, summer towers are staffed 10 a.m. to 6 p.m.; in the spring and fall, there is limited tower staffing; and in the winter, towers are not staffed. Ask about current conditions/ beach safety before you swim.

GARBAGE: Household garbage only. Please take your large items (chairs, carpet, boxes, etc.) home.

INTERPRETIVE PROGRAMS: Ask staff about an upcoming program schedule.

RECYCLE: Recycle bins are provided for your aluminum cans, plastic bottles, and glass. Recycling supports the Junior Ranger programs.

SUBSTANCES such as Comet, Ajax, and diatomaceous earth may NOT be scattered on the ground. These poison nearby plants and marine life, and they are harmful to children and adults on direct contact.

CAMPFIRE CENTER: The San Elijo campfire center is available for group events. Restrictions and a fee apply. For event applications and information, email Campfire.Reservations@parks.ca.gov.

ACCESSIBLE FEATURES : Accessible campsites are 4A, 26A, 58A, 92A, 143A, 164A. Restroom/shower buildings have accessible facilities. Prior to arrival, if you need assistance, call (760) 753-5091.

BEACH WHEELCHAIRS Are available at no cost for visitor use. Check out a wheelchair with a photo ID at the campground entrance.

MOTORHOMES AND TRAILERS are limited to 35 feet for nonhookup sites or 24 feet for hookup sites.

LENGTH OF STAY — The maximum stay per year is 30 days.

- HIGH SEASON (MARCH-NOVEMBER): SEVEN NIGHTS All persons and equipment must vacate for a minimum of 48 hours before beginning another stay.
- LOW SEASON (DECEMBER-FEBRUARY): 14 NIGHTS All persons and equipment must vacate for a minimum of 48 hours before beginning another stay.

LEGEND

Accessible Feature

Campfire

Camp Host Site

Laundry

Lifeguard Tower Lookout Point

No Dogs Allowed

P **Parking**

> **Ranger Station** Restrooms

Road

RV Sanitation Station

Store

Walk-In Gate

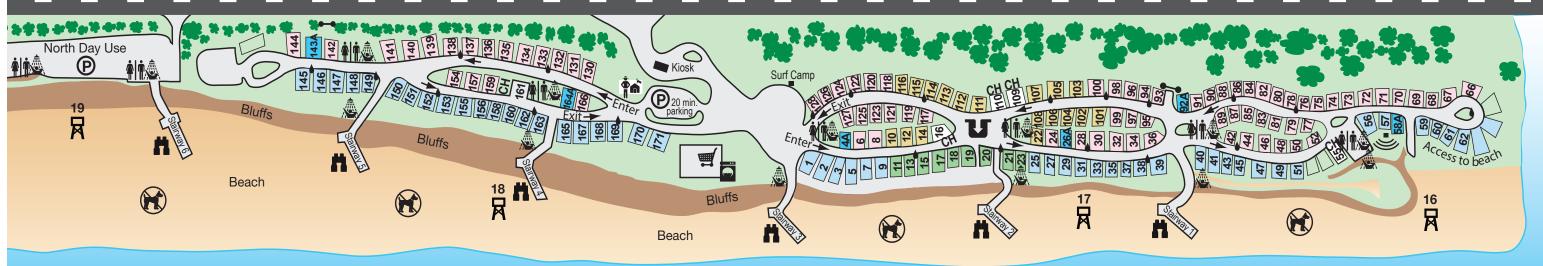
Water Faucets

Your Site #



San Elijo State Beach Campground

SOUTH END SITES 1-128



PACIFIC OCEAN

For Emergencies Call 9-1-1

INLAND NONHOOKUP

NORTH END SITES 130-171

OCEAN NONHOOKUP

INLAND HOOKUP

OCEAN HOOKUP

A ACCESSIBLE PAVED SITE (5

CH CAMP HOST

Map not to scale