

## Hike Leader Bio: *Sarah Reid*

Having grown up in Santa Rosa, Sarah has been hiking and volunteering in local parks since early childhood. Her love affair with Trione-Annadel SP started around 1975, helping her mother with Girl Scout Day Camp on a property along Channel Drive. Sarah has been a State Park Volunteer since 2004 providing equestrian mounted patrol (MAU), hike patrol, park & trail maintenance and staffing the visitor center. When asked which trail is her favorite she replies: “whatever trail I am on at that moment.” She loves the park in all seasons. She especially enjoys the rainbow of wildflowers. Sarah completed the UC California Naturalist Certification in Spring 2017, and has been providing interpretation in local parks since the 1980’s beginning with Girl Scout troops. Currently, Sarah is the Volunteer Coordinator and Senior Park Aide at Trione-Annadel State Park, and a volunteer for Sonoma County Regional Parks. She and her husband, Ken, enjoy vacations of day-hiking in the Lake Tahoe Basin. Explore – Enjoy – Steward

### More:

Sarah graduated from Santa Rosa Junior College, then a Bachelor’s Degree at Dominican College of San Rafael. She is a Lifetime Girl Scout, the first local Gold Award recipient, and assisted in designing the first Outdoor Skills Training for Leaders for Konocti Girl Scout Council. Since about 2000, she has participated in Master Plan Committees and meetings for local parks including Hood Mountain RP, Taylor Mountain RP, Tolay Lake RP, Willow Creek State Park, Jenner Headlands, Sugarloaf Ridge SP Horse Camp, and several Santa Rosa City Parks. She is a multi-use trail advocate and has twice presented at the CA State Parks Trails & Greenways Conference about multi-use trail advocacy. She participated in AERC Limited Distance endurance rides with her horses (Verdi then Oreo) between 2000 and 2010, and served as the Statewide Trails Coordinator for California State Horseman’s Association (2-year term).