



# MAY 2014 INTERPRETIVE ACTIVITIES



## Thursday, May 1, 2014

### 8:00 a.m. Hike – Pictographs – What Were They Trying to Say?

3 Hours

Join Volunteer Naturalist Paul Larson on a moderate 3-mile roundtrip hike through a beautiful desert valley to a panoramic overlook. Along the way, we will look at some interesting plants, morteros and rock art. Meet at the entrance to Blair Valley, about a 45-minute drive from the Visitor Center.

## Saturday, May 3, 2014

### 11:00 a.m. Talk ♿ – Solar Cooking Demonstration

1 Hour

Solar energy – the old/new technology. Volunteer Naturalist Eleanor Shimeall demonstrates solar oven cooking and explains why this technology is so important. Meet at the Nierenberg Amphitheater outside the Visitor Center.

### 1:30 p.m. Talk ♿ – The Pollen Path: Seasonal Movements of Native Americans

1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Volunteer Naturalist Steve Russell in an exciting journey through the past as we take a look at how early residents migrated to take advantage of different food supplies.

## Sunday, May 4, 2014

### 8:00 a.m. Bird Hike at Rancho de La Paz

4 Hours

Join Volunteer Naturalist Ann Keenan and Campground Host Becky Rusk on a birding adventure at a private wildlife sanctuary. Be prepared to drive on dirt roads and walk over uneven terrain. We will meet at the entrance gate on Highway S-2. (Coming from the south, the gate is just past Mile Marker 8 on your left. Coming from the north, the gate is just past the Sheriff's sub-station on your right.) Be sure to wear a long-sleeved shirt, long pants, and sturdy shoes. Bring water and binoculars – snacks or lunch if you wish. This adventure is limited to 12 people, so please sign up at the Visitor Center.



## Thursday, May 8, 2014

### 8:00 a.m. Hike – Badlands Bench with a View

3 Hours

Join Volunteer Naturalist Paul Larson for a moderate 2 ½ mile hike up a badlands wash to a memorial bench with a marvelous view. Learn about some interesting plants and geological features along the way. Meet at the intersection of Inspiration Wash and S-22 by driving east on S-22 past Mile Marker 28 for a half-mile.

UNLESS NOTED, ALL PROGRAMS ARE FREE OF CHARGE AND HELD AT THE VISITOR CENTER (OPEN DAILY).

♿ DENOTES PROGRAMS ACCESSIBLE TO DISABLED. PLEASE CALL AHEAD FOR SPECIAL NEEDS ACCOMMODATION, (760) 767-4205.

**DOGS ARE NOT PERMITTED ON TRAILS OR TOURS.**



# MAY 2014 INTERPRETIVE ACTIVITIES



## Saturday, May 10, 2014

### 11:00 a.m. Walk – Desert Drug Store

45 Minutes

Join Certified Interpretive Guide Abby Barker to discover the Native American drugstore, the creosote bush. This is an easy walk around the Visitor Center Garden. If the weather is too hot, Abby will do a power point program in the Discovery Lab.

### 1:30 p.m. Talk – The Pollen Path: Seasonal Movements of Native Americans

1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Volunteer Naturalist Steve Russell in an exciting journey through the past as we take a look at how early residents migrated to take advantage of different food supplies.

### 8:00 p.m. Talk – Enjoy Anza-Borrego’s Dark Night Sky!

1.5 Hours

Celebrate Astronomy Day with Stargazing at the Visitor Center! Explore constellations, search for planets, and learn about the importance of dark skies everywhere. Bring a chair or blanket to sit on, binoculars if you have them (you’ll be amazed at the view!), and a flashlight (red lens is preferable, to preserve night vision). Telescope viewing if weather permits.

## Sunday, May 11, 2014

### 11:00 a.m. Walk – Those Amazing Desert Plants!

1 Hour

Explore the Visitor Center Garden with Park Interpreter Sally Theriault and discover some of the unique strategies that help plants survive here. Meet in front of the Visitor Center.

## Friday, May 16, 2014

### 8:00 a.m. Hike – Roving Naturalist in Borrego Palm Canyon

3 Hours

Volunteer Naturalist Ann Keenan will be roaming the Borrego Palm Canyon Trail searching for bighorn sheep and other interesting features along the trail. Look for Ann in her volunteer vest as you hike to the palm oasis. This is not a guided hike.



## Saturday, May 17, 2014

### 10:00 a.m. Walk – Those Amazing Desert Plants!

1 Hour

Explore the Visitor Center garden with Park Interpreter Sally Theriault and discover some of the unique strategies that help plants survive here. Meet in front of the Visitor Center.

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# MAY 2014 INTERPRETIVE ACTIVITIES



## **12:00 p.m. Hike – Discovering the Archaeological History of the ‘Ehmuu Morteros 2 Hours**

Discover the hidden secrets of an ancient Kumeyaay Native American village site. Join Volunteer Archaeologist and Naturalist Sam Webb to explore both rock art and historic milling features. This 1.5 mile hike is over uneven terrain. Be sure to bring the usual water, hat, and sturdy footwear. Meet at the Morteros trailhead in Blair Valley, about 3 miles off Highway S-2 on a dirt road (turn into Blair Valley near Mile Marker 23).

## **2:00 p.m. Talk ♿ – Hardy Desert Survivors**

**45 Minutes**

Join Certified Interpretive Guide Abby Barker for a power point program in the Discovery Lab as she introduces you to some unique and amazing hardy desert survivors, the desert plants, and discusses how the ingenious Native Americans used desert plants for their food, clothing, shelter, and medicine.

## **Sunday, May 18, 2014**

### **2:00 p.m. Film ♿ – Kumeyaay: The First People**

**1 Hour**

For thousands of years, the Kumeyaay people lived in parts of what is now known as Anza-Borrego Desert State Park. This film explores the resiliency of these “first people” and their relationship with the dynamic and sometimes harsh environment in which they lived. It examines how their culture, tools and techniques are being passed along to modern generations, preserving this rich heritage.

## **Saturday, May 24, 2014**

### **10:00 a.m. Walk ♿ – Those Amazing Desert Plants!**

**1 Hour**

Explore the Visitor Center garden with Park Interpreter Sally Theriault and discover some of the unique strategies that help plants survive here. Meet in front of the Visitor Center.

### **2:00 p.m. Talk ♿ – Hardy Desert Survivors**

**45 Minutes**

Join Certified Interpretive Guide Abby Barker for a power point program in the Discovery Lab as she introduces you to some unique and amazing hardy desert survivors- the desert plants and discusses how the ingenious Native Americans used desert plants for their food, clothing, shelter, and medicine.

## **Sunday, May 25, 2014**

### **11:00 a.m. Walk ♿ – Those Amazing Desert Plants!**

**1 Hour**

Explore the Visitor Center garden with Park Interpreter Sally Theriault and discover some of the unique strategies that help plants survive here. Meet in front of the Visitor Center.

## **Saturday, May 31, 2014**

### **10:00 a.m. Walk ♿ – Those Amazing Desert Plants!**

**1 Hour**

Explore the Visitor Center garden with Park Interpreter Sally Theriault and discover some of the unique strategies that help plants survive here. Meet in front of the Visitor Center.

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## INTERPRETIVE ACTIVITIES



# DESERT SAFETY

- ✓ **Carry water AND drink it**  
Saving your water for the hike back has led to death in Anza-Borrego. Drink plenty of water before you leave home, while you hike, and on the return route. If you feel thirsty, it is already too late. Drink lots of water and drink often.
- ✓ **Make sure your vehicle is desert-ready.**  
Equip your vehicle for the desert. You should always carry extra water, a shade tarp, a shovel, a tire pump, and extra food.
- ✓ **Prepare yourself.**  
In addition to carrying water, you should have protective clothing, sunscreen, a hat, a good map, food and a first aid kit which includes a comb and tweezers.
- ✓ **Have a plan.**  
Leave all your trip information with a friend. Tell him/her your destination, the route you intend to follow, your expected return time, a description of your vehicle with license plate number, and the time by which he/she should notify park authorities in case you do not return.
- ✓ **Do not split up the group**  
Stay together. Never leave anyone behind to rest.
- ✓ **Leave snakes alone.**  
Many venomous snakes live in the desert. If you threaten them, they may strike. It is illegal to harass, catch, or kill any snake within Anza-Borrego. If bitten, remain calm and seek immediate medical attention.
- ✓ **When emergencies happen ...**  
Stop. Stay calm. Seek shelter. If you are with your vehicle, remain there; do not leave it. Signal with mirrors, white cloth, whistle (three short blasts on a whistle, pause, then three more, repeat frequently), and put your hood up. It is much easier to find a vehicle in the desert than a person!!!

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