



# MAY 2015 INTERPRETIVE ACTIVITIES



## Saturday, May 2, 2015

### 10:00 a.m. Walk (or Talk) ♿ - Desert Drug Store

45 Minutes

Join Certified Interpretive Guide Abby Barker to discover the Native American drugstore, the creosote bush. This is an easy walk around the visitor center garden. If the weather is too windy or hot, Abby will do a power point program in the Discovery Lab.

### 1:00 p.m. Talk ♿ - The Pollen Path: Seasonal Movements of Native Americans

1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Volunteer Naturalist Steve Russell in an exciting journey through the past and take a look at how early residents migrated to take advantage of different food supplies.

## Friday, May 8, 2015

### 8:00 a.m. Hike – Combs Peak

6 Hours



Join Volunteer Naturalists Ted Caragozian and Paul Larson for a hike to the highest point in the park at 6193 feet. We'll hike along the Pacific Crest Trail for a couple of miles before scrambling up the very steep slope to the summit. Please sign up at the Visitor Center and include your phone number to receive complete details.

## Saturday, May 9, 2015

### 8:00 p.m. Talk – Enjoy Anza-Borrego’s Dark Night Sky!

1.5 Hours

Balmy nights are perfect for Stargazing at the Visitor Center! Explore constellations, search for planets, and learn about the importance of dark skies everywhere. Bring a chair or blanket to sit on, binoculars if you have them (you'll be amazed at the view!), and flashlight (red lens is preferable, to preserve night vision). Telescope viewing if weather permits. Meet on the roof of the Visitor Center.



## Sunday, May 10, 2015

Moon Phase Viewer



### 11:00 a.m. Talk ♿ - Why Does the Moon Change Its Shape?

45 Minutes

Learn about the phases of the moon and what makes the moon appear to change shape night to night. We will also discuss ways YOU can help document the darkness of the night sky in your area using the Globe At Night online resource. Meet State Park Interpreter Sally Theriault in the Discovery Lab.

UNLESS NOTED, ALL PROGRAMS ARE FREE OF CHARGE AND HELD AT THE VISITOR CENTER (OPEN EVERY DAY 9 AM to 5 PM).

♿ DENOTES PROGRAMS ACCESSIBLE TO DISABLED. PLEASE CALL AHEAD FOR SPECIAL NEEDS ACCOMMODATION, (760) 767-4205.

**DOGS ARE NOT PERMITTED ON TRAILS OR TOURS.**



# MAY 2015

## INTERPRETIVE ACTIVITIES



### Friday, May 15, 2015

#### 8:00 a.m. Hike - Roving Naturalist in Borrego Palm Canyon

3 Hours

Volunteer Naturalist Ann Keenan will be roaming the Borrego Palm Canyon Trail searching for bighorn sheep and other interesting features along the trail. Look for her in her volunteer vest as you hike to the palm oasis. This is not a guided hike.

### Saturday, May 16, 2015

#### 11:00 a.m. Talk & - Hardy Desert Survivors –

45 Minutes

Join Certified Interpretive Guide Abby Barker for a power point program in the Discovery Lab as she introduces you to some unique and amazing hardy desert survivors- the desert plants and discusses how the ingenious Native Americans used desert plants for their food, clothing, shelter, and medicine.

#### 12:00 p.m. Hike – Discovering the Archaeological History of the ‘Ehmuu Morteros

2 Hours

Discover the hidden secrets of an ancient Kumeyaay Native American village site. Join Volunteer Archaeologist and Naturalist Sam Webb to explore both rock art and historic milling features. This 1.5 mile hike is over uneven terrain. Be sure to bring the usual water, hat, and sturdy footwear. Meet at the Morteros trailhead in Blair Valley, about 3 miles off Highway S-2 on a dirt road (turn into Blair Valley near Mile Marker 23).

### Saturday, May 23, 2015

#### 11:00 a.m. Talk & - Hardy Desert Survivors –

45 Minutes

Join Certified Interpretive Guide Abby Barker for a power point program in the Discovery Lab as she introduces you to some unique and amazing hardy desert survivors- the desert plants and discusses how the ingenious Native Americans used desert plants for their food, clothing, shelter, and medicine.

#### 2:00 p.m. Talk & - The Pollen Path: Seasonal Movements of Native Americans

1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Volunteer Naturalist Steve Russell in an exciting journey through the past and take a look at how early residents migrated to take advantage of different food supplies.

### Monday, May 25, 2015

#### 11:00 a.m. Talk & - The Pollen Path: Seasonal Movements of Native Americans

1 Hour

Discover the amazing secrets of the Native Americans who lived in the area that is now Anza-Borrego Desert State Park. Join Volunteer Naturalist Steve Russell in an exciting journey through the past and take a look at how early residents migrated to take advantage of different food supplies.

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# MAY 2015 INTERPRETIVE ACTIVITIES



**Sunday, May 31, 2015**

**8:00 a.m. Hike - Roving Naturalist in Borrego Palm Canyon**

**3 Hours**

Volunteer Naturalist Ann Keenan will be roaming the Borrego Palm Canyon Trail searching for bighorn sheep and other interesting features along the trail. Look for her in her volunteer vest as you hike to the palm oasis. This is not a guided hike.

**11:00 a.m. Film & Talking Stone: Rock Art of the Cosos**

**55 Minutes**

Enjoy a 53-minute film featuring Alan P. Garfinkel Gold, PhD, exploring the largest concentration of rock art in North America. Showing in the Discovery Lab at the Visitor Center.



*Desert Bighorn Sheep*

- Bighorn sheep can drink 2 gallons of water in a minute and up to 5 gallons in one watering session.
- Bighorn sheep can get water from tough desert plants.
- Bighorn sheep stay cool by seeking shade. Sheep hide changes from brown to tan from winter to summer.
- Bighorn sheep can withstand a body temperature of 107° F.

Please help us protect our Desert Bighorn Sheep. Keep quiet and keep your distance!

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## DESERT SAFETY

✓ **Carry water AND drink it**

Saving your water for the hike back has led to death in Anza-Borrego. Drink plenty of water before you leave home, while you hike, and on the return route. If you feel thirsty, it is already too late. Drink lots of water and drink often.

✓ **Make sure your vehicle is desert-ready.**

Equip your vehicle for the desert. You should always carry extra water, a shade tarp, a shovel, a tire pump, and extra food.

✓ **Prepare yourself.**

In addition to carrying water, you should have protective clothing, sunscreen, a hat, a good map, food and a first aid kit which includes a comb and tweezers.

✓ **Do not split up the group**

Stay together. Never leave anyone behind to rest.

✓ **Have a plan.**

Leave all your trip information with a friend. Tell him/her your destination, the route you intend to follow, your expected return time, a description of your vehicle with license plate number, and the time by which he/she should notify park authorities in case you do not return.

✓ **Leave snakes alone.**

Many venomous snakes live in the desert. If you threaten them, they may strike. It is illegal to harass, catch, or kill any snake within Anza-Borrego. If bitten, remain calm and seek immediate medical attention.

✓ **When emergencies happen ...**

Stop. Stay calm. Seek shelter. If you are with your vehicle, remain there; do not leave it. Signal with mirrors, white cloth, whistle (three short blasts on a whistle, pause, then three more, repeat frequently), and put your hood up. It is much easier to find a vehicle in the desert than a person!!!

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