Folsom Lake State Recreation Area offers scenic panoramas of open grasslands, rolling hills, the Sierra Nevada, Sacramento Valley, and the Bay Area's Mount Diablo. The recreation area covers 19,500 acres. Its two reservoirs, Folsom and Natoma, attract about two million visitors annually. On the north shore of Lake Natoma, three group sites are available at Negro Bar.

RATTLESNAKES are common to the area and are important members of the natural community. They will not attack, but if disturbed or cornered, will defend themselves. Give them distance and respect.

BOATERS should be alert for floating debris, particularly in spring, and underwater hazards, since the lake level can fluctuate several feet daily.

QUIET HOURS are from 10 p.m. to 6 a.m. Generators may be operated from 10 a.m. to 8 p.m. Radios and other sound-producing devices must not be audible beyond your immediate campsite regardless of the time, day or night.

CHECK-OUT TIME is noon. If you wish to stay another night, please re-register by 10 a.m.

DOGS must be kept on a six-foot-maximum leash and may not be left unattended at any time. Dogs must be confined to a vehicle or tent at night. Please clean up after your pets.

FIREWOOD: Please do not collect dead or downed wood, as it is an essential part of the park’s natural recycling systems. Also, no ground fires are allowed.

BOATING is primarily for non-motorized boating. Because of the calm waters, Lake Natoma attracts national rowing events and is popular for kayaking and stand-up paddle boarders. Powerboats are permitted at a speed of 5 MPH or less. Personal watercraft are prohibited on the lake. Boating after the official closing time is prohibited.

CAMPING RESERVATIONS: You may make camping reservations by calling (800) 444-7275 (TTY 800-274-7275). To make online reservations, visit our website at www.parks.ca.gov.

ALTERNATE FORMAT: This publication can be made available in alternate formats. Contact interp@parks.ca.gov.

FISHING is one of the most popular activities at Lake Natoma. The fish varieties include trout, catfish, large and smallmouth bass, crappie and walleye. Fishing regulations change annually. Check with the California Sport Fishing Regulations for current changes in catch limits and licensing requirements.

PLEASE REMEMBER:
- Poison oak is nearly everywhere in the park. “Leaves of three, let them be!” Check with staff for further information.
- The consumption of any alcoholic beverage in all day-use areas and all shorelines of Folsom Lake and Lake Natoma is prohibited.
- Always wear a life jacket or other flotation device when recreating around water or participating in water activities.
- Do not swim in unfamiliar areas which may harbor dangerous currents, deep holes, debris, and other hazards.
- Diving or jumping is extremely hazardous in unfamiliar water and against the law in a state park (California Code of Regulations, Title 14, 4656).
- Always respect the rights of others to enjoy the water.