



# News Release

**For Immediate Release**  
April 14, 2018

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## Paula's Easy-Paced Hikes

SANTA ROSA, CA

Event Date: Saturday, June 2, 2018  
Hike Leader: Paula Phillips Marks  
Time: Meet at 9:30 AM for 10 AM departure; about 3 hours round-trip  
Location: Vietnam Veteran's Trailhead, Carissa Avenue/Annadel Heights Drive  
Trails: Canyon Trail to Lake Ilsanjo, down Spring Creek Trail

Explore the wonderful world of early Summer in Trione-Annadel State Park! Pause for lunch at the Lake, then discover the habitat of Spring Creek. This route will include approximately 250 foot elevation gain over about 4 miles of varied trails, beginning and ending at Vietnam Veteran's Trail Trailhead. The pace will be moderately slow and steady. Appropriate for ages 15 and up. Wear hiking shoes, layers appropriate for weather, bring water and lunch. Trekking poles recommended. Some trails are rocky and uneven. HEAVY RAIN CANCELS.

No fee. Donations are accepted at the Visitor Center. No advance reservations needed. There are no restrooms and water in the parking lot or along this route. Dogs are not allowed.

Directions: This is a residential street parking area. Follow Summerfield Road south; turn left onto Carissa Drive; follow Carissa to the top and park in parking bays or along Annadel Heights Drive. Vietnam Veteran's Trail begins at the top of Carissa Avenue. This is a City of Santa Rosa trailhead that connects to Trione-Annadel State Park.

Please visit the Trione-Annadel State Park website for more details about the park and Volunteer Hike Leader Paula Phillips Marks ([http://www.parks.ca.gov/?page\\_id=480](http://www.parks.ca.gov/?page_id=480), click "Park Events").

Thank you to Trione-Annadel State Park Volunteers for providing this opportunity.



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