



News Release

For Immediate Release
May 12, 2018

Contact:
Trione-Annadel State Park
6201 Channel Drive
Santa Rosa CA 95409
707-539-3911

Trione-Annadel Hike with a Naturalist: Headwaters of Spring Creek

SANTA ROSA, CA

Event Date: Saturday, June 16, 2018
Time: **9:00** AM Hike Departure to about 1:30 PM
Location: From Carissa Drive off Summerfield Road via Vietnam Veteran's Trail
Trails: Spring Creek and Lake Trails

Ever thought about the connection of Lake Ilsanjo with the Russian River and the Pacific Ocean? We'll hike up Spring Creek Trail and Spring Creek itself, looking at the creek habitat as we go. When we get to the lake, we will hike around to the east side picnic area, discovering as we go where the water flows into the lake from various seasonal drainages. Discussion will include history of the lake, lake habitat, and how it is part of the Russian River Watershed. Will we find the very heart of Spring Creek itself? Will we see a river otter?

Because you will be hiking with a CA Naturalist, we may stop often to wonder and examine different plants and animals. Wear hiking shoes, layers appropriate for weather; bring lunch and water. Sunscreen and bug repellent is a good idea. Some trails are rocky and uneven, trekking poles are recommended. This hike is appropriate for children 8 or older. We will pause at the lake bathroom picnic area for rest break and snack. Approximate elevation gain: 250 feet over 1.5 miles of trail; total mileage is about 5 miles around the lake and back.

This is a fee-free hike. Donations to the park are gratefully accepted at the Visitor Center. No advance reservations needed. Dogs not allowed. There are no restrooms or water at the parking area.

Directions: Follow Summerfield Road south from Hoen Avenue for about ¼ mile. Turn left on Carissa Avenue and find parking bays along the residential street near the top or along Annadel Heights Drive. Please park snug with other vehicles to accommodate the most cars and be kind to the neighbors.

Please see the Trione-Annadel State Park website for more details about the park (http://www.parks.ca.gov/?page_id=480, click "Park Events").

