



# News Release

**For Immediate Release**  
February 28, 2017

**Contact:**  
Trione-Annadel State Park  
6201 Channel Drive  
Santa Rosa CA 95409  
707-539-3911

## **Picnic Lunch at the Lake Hike Trione-Annadel State Park**

SANTA ROSA, CA

Event Date: Sunday, October 8, 2017  
Time: 10:00 AM Hike Departure to about 2:30 PM  
Location: Oak Knoll Parking Area, Spring Lake Regional Park, Newanga Drive Entrance  
Trails: Canyon—Rough Go—Lake—Louis—North Burma—Live Oak—Rough Go

Join Volunteer Hike Leader Sean Brown on a trail route to Lake Ilsanjo for picnic lunch. Stop along the way to observe trail maintenance projects and share ways that volunteers help make Trione-Annadel State Park special. Families are encouraged! The route will include approximately 500 foot elevation gain over about 8.5 miles of varied trails. The group will stop for a 30-minute lunch break at Lake Ilsanjo. Bring a picnic lunch!

Wear hiking shoes, layers appropriate for weather, bring water and lunch. Trekking poles recommended. Some trails are rocky and uneven. **HEAVY RAIN CANCELS.**

Fee-free hike. \$7 day-use fee per car for park entrance at Spring Lake Regional Park. No advance reservations needed. There are restrooms and water only in the parking area. Dogs are not allowed.

Directions: from Hwy 12/Hwy 101 interchange, follow Hwy 12 East to Sonoma, continue East (straight) at Farmer's Lane – the street you are now on is Hoen Avenue. Continue for about 2 miles THROUGH the intersection at Summerfield Road. Turn LEFT at the STOP sign and follow Newanga Avenue to the park entrance. Pay day-use fee, turn right and follow the signs towards the equestrian parking area, park in designated passenger car spaces.

Please see the Trione-Annadel State Park website for more details about the park ([http://www.parks.ca.gov/?page\\_id=480](http://www.parks.ca.gov/?page_id=480), click "Park Events").

Thank you to Trione-Annadel State Park Volunteers and our partnership with Sonoma County Regional Parks for providing this opportunity.



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1