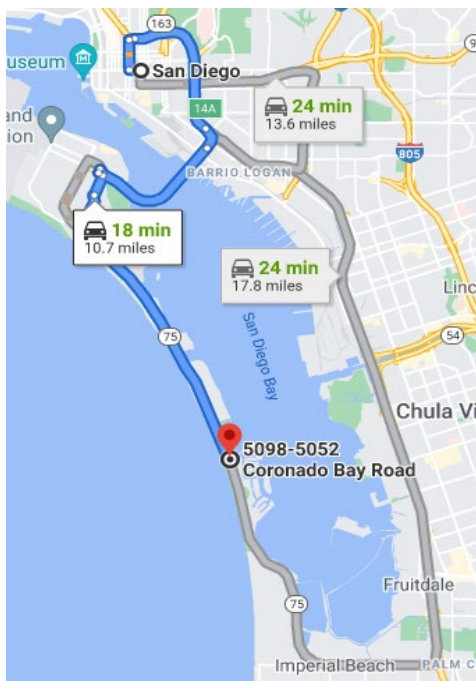




Silver Strand State Beach

18 minutes from San Diego

Silver Strand State Beach features extensive beaches on both the Pacific Ocean and San Diego Bay. While at the state beach, keep on the lookout for the western snowy plover, which nests in the dunes that comprise the Silver Strand Natural Preserve. This preserve was designated specifically to protect this endangered species. [View Park Brochure](#)



Day Trip Options

Combined with the mild climate, the beaches make Silver Strand one of the area's finest recreation destinations. Camping, swimming, surfing, boating, waterskiing, volleyball and picnicking are popular recreation activities.

Tips on how to recreate responsibly during your visit are available at parks.ca.gov/SafetyTips.

