

### 2015 Junior Guard Schedule: Sess 1 Monterey State Beach

DATE	ACTIVITY	LOCATION	Time
<b>WEEK 1</b>			
<b>RESCUE WEEK</b>			
8-Jun	Ocean Safety: Rules, Regulations and Safety	Monterey State Beach	9a.m.-2p.m
9-Jun	Waves and Currents	Monterey State Beach	9a.m.-2p.m
10-Jun	Unit 1 Rescue Demo	Monterey State Beach	9a.m.-2p.m
11-Jun	Hawaii Day/Watermen History	Monterey State Beach	9a.m.-2p.m
12-Jun	Carmel Surf Safari	Carmel Beach (Scenic and Santa Lucia St.)	9a.m.-2p.m
<b>WEEK 2</b>			
<b>FIRST AID WEEK</b>			
15-Jun	CPR/C-Spine/Splinting	Monterey State Beach	9a.m.-2p.m
16-Jun	Bleeding/Bandaging	Monterey State Beach	9a.m.-2p.m
17-Jun	Pirate Day	Monterey State Beach	9a.m.-2p.m
18-Jun	Photo Day	Monterey State Beach	9a.m.-2p.m
19-Jun	Coast Guard Day	San Carlos Beach-Coast Guard Pier	9a.m.-2p.m
<b>WEEK 3</b>			
<b>COMPETITION WEEK</b>			
22-Jun	Intramural Comp	Wharf II	9a.m.-2p.m
23-Jun	80s Day/Surf Comp	Monterey State Beach	9a.m.-2p.m
24-Jun	Nutrition Day	Monterey State Beach	9a.m.-2p.m
25-Jun	Sea Cliff Competition	Sea Cliff State Beach	7:30a.m.-4:30p.m
26-Jun	Point Lobos Day	Point Lobos State Reserve	9a.m.-2p.m
<b>WEEK 4</b>			
<b>HERO WEEK</b>			
29-Jun	AMR Lecture	Monterey State Beach	9a.m.-2p.m
30-Jun	Fire Engine/Boat Lecture	Monterey State Beach	9a.m.-2p.m
1-Jul	Super Hero Day/Cream Puff Olympics	Monterey State Beach	9a.m.-2p.m
2-Jul	Free Play Day	Monterey State Beach	9a.m.-2p.m
3-Jul	Award Ceremony/Potluck	Lovers Point	9a.m.-2p.m
*This schedule is tentative and subject to change. If changes occur, we will send out notices.			
<b>JG Field Trip Directions</b>			
DATE	EVENT / LOCATION	DIRECTIONS	TIME
12-Jun	Carmel Surf Safari	Highway 1 towards Carmel. Take Ocean Ave towards the ocean (west). Turn left on Scenic (before Carmel, CA Carmel City Beach parking lot). We will be at the Surfing/Boogie Boarding/Bodysurfing intersection of Scenic and Santa Lucia St. on the beach.	9am to 2pm
19-Jun	San Carlos Field Trip	Take HWY 1 to MPC/Freemont St. Exit, turn rt on Camino San Carlos Beach, Monterey El Estero. Make left on Del Monte. Veer right and go through tunnel. Take first rt onto Foam st. and then first right off foam down toward the Coast Guard Pier. San Carlos Beach is on your left.	9am to 2pm
24-Jun	Practice Competition	Highway 1 towards Monterey. Exit at Aguajito Road and go towards the beach (west). Turn left on Del Monte Ave. Turn Right into "Old Fisherman's Wharf" parking lot (across from MacDonalds).	9am to 2pm
25-Jun	Seacliff Competition	Take Highway 1 North towards Aptos. Exit State Park Drive Follow State Park Drive all the way to Seacliff Beach	7:30a.m. to 4:30p.m.
26-Jun	Point Lobos State Reserve	Highway 1 south towards Big Sur One mile after Monastery Beach, once entering the trees, Point Lobos Reserve will be on the right. Enter the park and do a u-turn around the kiosk to drop-off/pick-up your child.	9am to 2pm
3-Jul	Awards Ceremony	Take HWY 1 to MPC/Freemont St. Exit, turn rt on Camino Lovers Point Pacific Grove, CA El Estero. Make left on Del Monte. Veer right and go through tunnel. Take first rt onto Foam st. and make rt onto ocean view follow to Lovers Point Park.	9am to 2pm <b>Lunch at 12!!!</b>

\*What to bring: JG uniform, wetsuit, towel, sunscreen, lots of water and a large lunch. Please drop off and pick up ON TIME!!!