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California State Parks, Ventura Junior Lifeguards
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Dear Junior Lifeguard Families and prospective new students,

Welcome to the Ventura Junior Lifeguard Program. We are planning another action packed, educational and personal growth program for our participants. Included in this website are your enrollment documents and your PARENT HANDBOOK. Please take the time to read and share the information contained in the handbook with your Junior Lifeguard. You will also find the handbook invaluable before, during and after the program when you have questions about:

- Tryout testing standards.
- Tryout waiver for returning Junior Lifeguards.
- Tuition Assistance Program.
- Refund policy.
- Behavioral expectations of students.
Disciplinary procedures.
- Junior Lifeguard Assistant Program.
- Important phone numbers.

Note: Program calendar, parking pass and carpool list will be available in early June. Please check Venturajuniorlifeguards.org for instructions.

PROGRAM INFORMATION

PROGRAM OBJECTIVES:

The objective of the Junior Lifeguard Program is to provide quality water safety education. Further, the program is designed to improve young people's physical conditioning, their understanding and respect for the environment and their respect for themselves, their peers and their parents.

Recreational objectives are accomplished by instruction and practice in open water swimming, paddle boarding, body surfing, body boarding, surfboard riding, kayaking, skin diving and self rescue. Respect for the environment is increased by the understanding gained by the student's daily physical contact with the environment and through lecture and discussion of pertinent marine and environmental topics. Increased respect for themselves is gained through the student's personal progress and pride in self-accomplishment. Respect for others is increased by the student's constant contact with compassionate Instructors and by working with other youths in a team-building environment.

In addition to the regular Junior Lifeguard Program, we are embracing opportunities for community involvement, co-production of Police Activity League youth events and partnerships in school classrooms. The Junior Lifeguard Program is using these special opportunities to introduce non-traditional user groups to the wonders of the marine and aquatic recreation environments. It is our hope that by offering recreational opportunities to our youth that we will increase the quality of our present and future communities.

ENROLLMENT:

Enrollment in the Junior Lifeguard Program is first-come-first-served. Due to the overwhelming popularity of the Junior Lifeguard Program, enrollment is expected to reach capacity. Students are considered enrolled in the program when the Junior Lifeguard Office receives the properly completed forms and full payment of tuition fees. No partial payments are accepted. Your canceled check is your tuition receipt. **PLEASE SUBMIT APPLICATION BEFORE FIRST TRYOUT DATE.**

STUDENT AGES:

Students must be 9 through 16 years of age as of the first day of program instruction.

PROGRAM DATES:

First Session:
June 18 – July 6

Second Session:
July 9 – July 27

Third Session:
July 30 - August 17

PROGRAM TIMES:

Monday through Friday 9 a.m. to 2 p.m. Special hours for field trips will be announced on Program Calendar.

PROGRAM FEES:

\$335.00 per person per session.

To pay program fees you may enroll on line with a credit card or

Download program application and pay with a check or money order.

Make checks payable to: **CALIFORNIA STATE PARKS, VENTURA JR. LIFEGUARDS**

TRYOUT DATES & UNIFORM SALES: PLEASE NO CASH

Saturday, May 19th 9:00 am – 12:00 pm

Saturday, June 2rd 12:00 pm – 3:00 pm

COMPETITION TEAM:

The competition team is designed for program participants that are interested in a more competitive experience with the Jr. Lifeguard Program. The Team will meet from 8 a.m. to 9 a.m. daily, except Wednesday, for a morning workout and lifeguard specific competition skills. There will be required travel for Competitions outside of the regular Jr. Guard Program. Competition Team Participants may join for all 9 weeks.

PARENT ORIENTATION MEETING, UNIFORM SALES & MAKE-UP TRYOUTS:

Saturday, June 16, Ventura State Beach Parking Lot area: 10 a.m.

We will also conduct an ocean tryout test for all new Junior Lifeguards that did not make a regularly scheduled pool tryout: 9 a.m.

WEDNESDAYS:**CHANNEL ISLANDS FIELD TRIP:**

Students will travel to The Channel Islands on ISLAND PACKERS' vessels. Students will have a chance to visit the island and snorkel in the clear waters of the beautiful Channel Islands. This trip is included in the regular program fees.

*Check-in times may vary refer to session calendar.

Check-in 8:30 a.m. Boat will depart at 9 a.m. sharp and return to port at 5 p.m.

HARBOR COVE AND NATIONAL PARKS:

Those participants scheduled for Harbor Cove will spend time at the National Parks Museum taking part in a Live Dive where they will have the opportunity to speak with Park Rangers as they explore the waters of Anacapa Island.

We will also have kayaking in the flat waters of the cove.

CPR

CPR (cardio pulmonary resuscitation) will continue to take place at the State Beach.

Please check program calendar to determine your participants scheduled meeting place.

There is some flexibility with combining family members from different groups.

“A” Group, approximate age: 13-15

“B” Group, approximate age: 11-12

“C” Group, approximate age: 9-10

JUNIOR LIFEGUARD ASSISTANT PROGRAM:

Former Junior Lifeguards that are turning sixteen this year and are interested in the Junior Lifeguard Assistant Program please contact the Junior Lifeguard Office April 1st and fill out all appropriate paperwork and return by April 25th.

In closing, we hope you enjoy the Junior Lifeguard Program. If you need additional information, please contact the Junior Lifeguard Office.

Sincerely,
Carrie Johnson
Program Director