

SESSION 1 - 2022



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6 FIRST DAY UNIFORM SALES 8:30 - 9:30 AM	7 PICTURE DAY UNIFORM SALES 8:30 - 9 AM	8	9	10 STATE PARKS K9 LECTURE
13 CPR / FIRST AID	14 CPR / FIRST AID	15	16	17 COOKIE DAY
20 CAMPING CONTRACTS DUE NO LATER THAN 2 PM	21 TRAVEL DAY No JGs DO NOT ARRIVE TO CAMPGROUND BEFORE 2PM	22 SANTA CRUZ OCEAN ORIENTATION EXACT LOCATION TBD	23 SANTA CRUZ COMPETITION EXACT LOCATION TBD	24 TRAVEL DAY No JGs CHECKOUT BY 11AM
27 SWIFT WATER LECTURE	28 RAFTING DAY	29 LIFEGUARD SHOWCASE	30 IRON GUARD COMPETITION LAST DAY OF THE PROGRAM	July 1 No JGs

NOTES:

- Unless otherwise noted, our program runs daily 9 am - 2 pm at Negro Bar State Park.
- We send out weekly emails regarding any special events for the following week. More information is always available on our website.
- For information regarding the Santa Cruz camping trip, please refer to our website. You will receive a copy of the camping contract one week prior to departure. A signed camping contract is required for all participants who will participate in the program in Santa Cruz - regardless of if you are not staying in the campground
- If you are interested in volunteering for RAFTING day, please email us at folsomjrlifeguard@parks.ca.gov

** ALL EVENTS ARE SUBJECT TO CHANGE

WWW.PARKS.CA.GOV/FOLSOMLAKEJG | FOLSOMJRLIFEGUARD@PARKS.CA.GOV

SESSION 2 - 2022



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11 FIRST DAY UNIFORM SALES 8:30 - 9:30 AM	12 PICTURE DAY UNIFORM SALES 8:30 - 9 AM	13	14	15 STATE PARKS K9 LECTURE
18 CPR / FIRST AID	19 CPR / FIRST AID	20	21	22 COOKIE DAY
25 CAMPING CONTRACTS DUE NO LATER THAN 2 PM	26 TRAVEL DAY No JGs DO NOT ARRIVE TO CAMPGROUND BEFORE 2PM	27 SANTA CRUZ OCEAN ORIENTATION EXACT LOCATION TBD	28 SANTA CRUZ COMPETITION EXACT LOCATION TBD	29 TRAVEL DAY No JGs CHECKOUT BY 11AM
AUG 1 SWIFT WATER LECTURE	2 RAFTING DAY	3 LIFEGUARD SHOWCASE	4 LAST DAY OF THE PROGRAM IRON GUARD COMPETITION	5 No JGs

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