

News Release



For Immediate Release:
August 2, 2010



Contacts:

Lisa Mealoy 916-323-7626 or
Traci Rockefeller Cusack
916-213-4373

Food & History Lovers Unite: Friends of Sutter's Fort & Slow Food Sacramento Present "A Taste of History" *Limited Seating Available on Saturday, September 25*

SACRAMENTO, Calif. – Judging from sustainable farming practices and historic recipes cherished from the late 1800s, California's early pioneers were at the cutting edge of a Slow Food movement that re-emerged in popularity some 200 years later. And now, to the delight of foodies and history enthusiasts alike, Friends of Sutter's Fort, in association with Slow Food Sacramento, proudly presents "A Taste of History" on Saturday evening, September 25, at Sutter's Fort State Historic Park (SHP).

At this unique culinary event, top local chefs will present a four-course sit-down dinner with a specially-created menu developed to showcase today's vibrant and innovative recipes reminiscent of meals enjoyed when John Sutter founded Sutter's Fort in 1839. With live acoustic music to set the mood, local wineries will provide wines and a local brewery will even debut a custom beer for this special occasion. At the close of the evening, guests will receive a keepsake program that includes both the historic recipes and today's adapted recipes.

Seated outdoors at the historic site, guests will start the special culinary experience with a local honey tasting from Sacramento Beekeeping and olive oil tastings from Apollo Olive Oil. Then, after more tasty appetizers, a delicious four-course meal developed by chefs from Café Vinoteca, Grange, Mulvaney's B&L and Spataro will be served with the help of Plates Cafe & Catering, a new endeavor recently launched by St. John's Shelter Program for Women & Children.

The special fundraising event "A Taste of History" begins at 6:30 p.m. with dinner served at 7:30 p.m. Tickets for "A Taste of History" are limited and cost \$75 per person if purchased before September 3 or \$85 for tickets purchased after that date. Online tickets are available at www.suttersfort.org and more information is available by 916-323-7626.

A Taste of History - Page Two

“A Taste of History” is a fundraising event that benefits Sutter’s Fort SHP and could not have been possible without the generous contributions provided by the following businesses and organizations: Apollo Olive Oil, Bogle Vineyards, Café Vinoteca, California State Parks, California Waterfowl Association, Grange, Midtown Business Association, Mulvaney’s B&L, Plates Café & Catering, River City Brewing, Sacramento Beekeeping, Sacramento Municipal Utility District (SMUD), Scribner Bend Vineyards, Slow Food Sacramento, Twisted Rivers Wine and Spataro.

About Sutter’s Fort State Historic Park

Operated by California State Parks with financial assistance from the nonprofit Friends of Sutter’s Fort, Sutter’s Fort State Historic Park is open daily from 10 a.m. to 5 p.m. Located in midtown Sacramento on L Street between 26th and 28th Streets, the Fort offers special events, Living History and Demonstration Days programs throughout the year. Established in 1839 by Swiss immigrant John Augustus Sutter, Sutter’s Fort was at the center of a flourishing agricultural empire named New Helvetia (New Switzerland.) This empire established Sacramento’s earliest settlement and the first European settlement in California’s Central Valley. For more information, call (916) 445-4422 or visit www.parks.ca.gov/SuttersFort

About Slow Food Sacramento

Slow Food Sacramento is the Sacramento region’s chapter of Slow Food USA. The active organization hosts a wide range of educational and convivial events throughout the year to showcase producers and creators of some of the region’s outstanding foods, farms and restaurants in an effort to champion locally and sustainably produced vegetables, fruits, wines, meats and cheeses. For more information, visit www.slowfoodsacramento.com