

# News Release



**FOR IMMEDIATE RELEASE**

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## **Meet the Pioneer Women of Sutter's Fort**

### **Women of the Fort Living History Day**

**Where:** *Sutter's Fort State Historic Park, 2701 L Street, Sacramento*

**When:** Saturday, March 3, 2007 from 10:00 a.m. – 5:00 p.m.

**Special Events Admission:** Adults \$6.00; Youths ages 6-17 \$3.00;  
Children 5 and younger are free.

**Event Media Contact:** *Kathy Gallup: 916.323.2015*

In honor of Women's History Month, the Sutter's Fort State Historic Park's Living History Day on Saturday, March 3, 2007 will emphasize the contributions made by pioneer women living at the fort to California's past.

Visitors will have the opportunity to talk with the men and women of the fort as if it were actually March 1846. The immigrants who arrived at Sutter's Fort were not only men; they were couples, families and individuals. Some women came willingly and looking for adventure and a new life in the West; others would rather have stayed in the East where life was comfortable. Here on the frontier women did their best to keep their families healthy, fed, and clothed—a daily challenge.

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Women cooked over open fires (no microwaves for these early women of the West), sewed clothes by hand as seamstresses and stores were many days journey from the fort, dipped candles to provide their only source of light, and wondered what their future would bring in this untamed, rural land.

Captain John Sutter along with those immigrant families, carpenters, bakers, spinners, trappers, Mexican soldiers, and others housed in the protective walls of the fort, will bring early California's rich history alive. All characters and historical figures are portrayed by the Sutter's Fort State Historic Park Docents. Re-live the sights, smells and sounds of the past! Interested time-travelers can call Sutter's Fort State Historic Park at 916-445-4422 for further event information or to join the Living History Program as a volunteer docent.

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*Photo Note:* Wendy Rosell demonstrates "women's work" during the mid-1800's as a docent at Sutter's Fort State Historic Park *Women of the Fort Living History Day*, March 3, 2007.

***About Sutter's Fort State Historic Park***

*Operated by California State Parks with financial assistance from the nonprofit Sacramento Historic Sites Association, Sutter's Fort State Historic Park is open daily from 10 a.m. to 5 p.m. Located in midtown Sacramento on L Street between 26<sup>th</sup> and 28<sup>th</sup> Streets, the Fort offers special events and living history programs throughout the year. Established in 1839 by Swiss immigrant John Augustus Sutter, Sutter's Fort was at the center of a flourishing agricultural empire named New Helvetia (New Switzerland.) This empire established Sacramento's earliest settlement and the first non-Indian settlement in California's Central Valley. For more information, call (916) 445-4422 or visit [www.parks.ca.gov](http://www.parks.ca.gov) and click on "Find a Park."*