



News Release

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Sutter's Fort SHP

Sutter's Fort to Present Special "Hands on History: Frontier Farm-to-Fork" Event on September 15 *Plus, Friends of Sutter's Fort to Present a Flapjack Breakfast Before the Fort Officially Opens for the Day*

SACRAMENTO, Calif. – Continuing a popular series of interactive and fun "Hands on History" activities happening on the third Saturday each month -- while also celebrating our rich agricultural heritage – Sutter's Fort State Historic Park and Friends of Sutter's Fort will present a special "Hands on History: *Frontier Farm-to-Fork*" event on Saturday, September 15, 2018 from 10 a.m. to 5 p.m. As an added treat, Fort guests are encouraged to arrive early to enjoy a home-cooked Farm-to-Fork Flapjack Breakfast from 8 to 10 a.m. while helping to raise funds that support the educational programs for more than 50,000 students each year.

To start the day, the Flapjack Breakfast menu will include pancakes, fruit, juice, coffee, fresh churned butter and more. After that, Fort visitors can spend the day participating in hands-on activities such as butter churning, corn husking, and learning how to plant a homestead garden that all help to showcase Sutter's Fort agricultural history. In true farm-to-fork style, early Californians were closely connected to the origins of their food given they ate food that was grown, harvested, raised, hunted, and prepared where they lived.

As background, John Sutter's vision was to establish a profitable agricultural empire when he built his Fort in the Sacramento Valley. He had thousands of acres of grain – with no thought of the gold discovery that would come about in 1848. That year, he had amassed 10,000 cows, 5,000 sheep, more than 2,500 mules and horses and his wheat harvest was almost 50,000 bushels. He had also planted grapes, melons and extensive gardens. However, just as he was about to reap the rewards of his greatest harvest, his lands were suddenly overrun by gold seekers, his crops were trampled or neglected, and his livestock were stolen or chased off. After the Gold Rush, the Sacramento Valley was still fertile and became one of the lushest agricultural regions in the World.

Fort guests who wish to attend both the Flapjack Breakfast and "Hands on History: *Frontier Farm-to-Fork*" daytime activities, combo discounted advance ticket prices are \$10 per adult (18 and older) and \$6 per youth (ages 6 to 7). Day-of combo pricing is \$12 per adult (18 and older), \$8 per youth (ages 6 to 17) and a free for children 5 and under. Admission to the "Hands on History: *Frontier Farm-to-Fork*" daytime activities only are \$7 per adult (18 and older), \$5 per youth (ages 6 to 17) and is free for children 5 and under (regular admission pricing is \$5 per adult, \$3 for youth). For more, call 916-445-4422 or visit www.suttersfort.org.



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California State Parks Mission

To provide for the health, inspiration and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high quality outdoor recreation.

Friends of Sutter's Fort

The Friends of Sutter's Fort is a nonprofit 501 (C) (3) organization that believes experiencing history first-hand at Sutter's Fort State Historic Park can be a positive life-changing experience for all generations. As a Cooperating Association, we work to provide California State Parks with critical funding for restoration and preservation projects, and we support the Fort's renowned educational programs. For more information, please visit www.suttersfort.org.

Social Media Tags:

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