

TAKE A HIKE!

In a California State Park

Peninsula Campground The Oaks Nature Trail Folsom State Recreation Area



Distance: 1.5 Mile (Round Trip)

Difficulty: Easy

Accessible: Yes

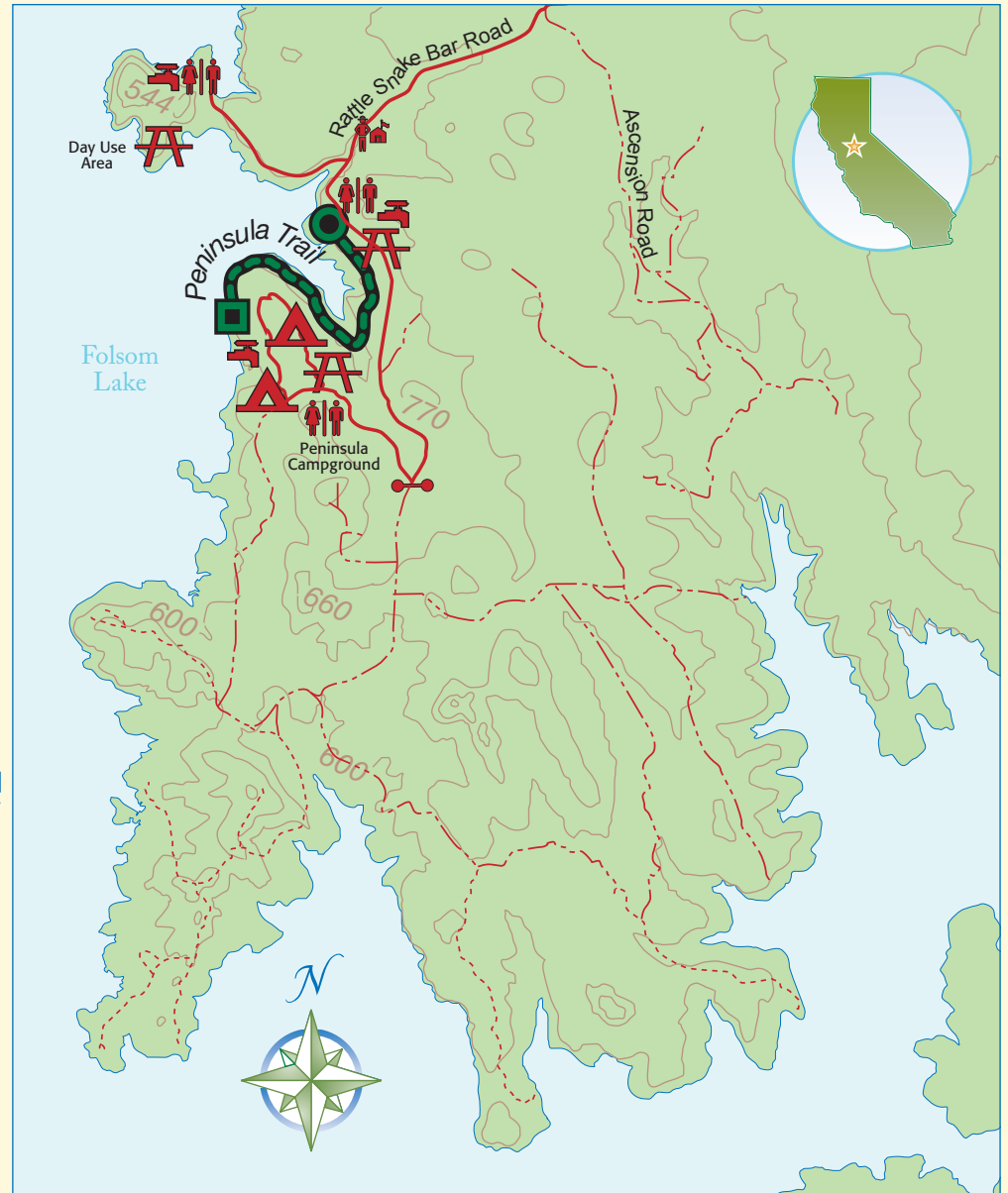
The trail is just over three quarters of a mile and is located in Folsom Lake SRA. It is a natural trail that is accessible for the disabled and is considered easy for all fitness levels. The trail is located just past the turn off to the day use area. There are handrails throughout the majority of the trail. Horseback riding and bicycling are not allowed on this trail. There are interpretive panels located throughout the trail. Nature enthusiasts will enjoy the oak woodland, lake shore views and the various creek side habitats. Wildlife that can be seen include: deer, fox, wild turkeys and various reptiles.

Getting to the Trail

From Sacramento Via Highway 80, 52.2 miles

1. Head I-80 Bus E [Capital City Fwy] 8.4 mi
2. Merge onto I-80 to Auburn 24.1 mi
3. At exit SR-49, turn RIGHT onto Ramp 0.2 mi
4. Turn RIGHT (South) onto SR-49 [Grass Valley Hwy] 0.1 mi
5. Turn LEFT (East) onto SR-49 [Lincoln Way] 3.0 mi
6. Turn RIGHT (South-East) onto SR-49 3.6 mi
7. Keep STRAIGHT onto SR-49 [Coloma Rd] 3.4 mi
8. Turn right at Rattlesnake Bar Rd - go 9.4 mi
9. Enter Folsom Lake Peninsula Campground
10. Continue past the day-use area trail parking on the right

For additional information visit:
www.parks.ca.gov/takeahike



Take a Hike! Trail

	PAVED ROADS		RESTROOMS
	UN PAVED ROADS		PICNIC AREA
	FIRE ROAD		RANGER STATION
	MULTI-USE TRAIL		CAMPGROUND
	HIKING TRAIL (foot traffic only)		GATE
	ELEVATION CONTOUR		Drinking Water

