

California State Lifeguard Association Results 2013

National Lifeguard Association Championships

SURF BOAT RACE: Two-person surf boat teams row around the three outside buoy courses, returning to shore where one member disembarks from the boat and runs up to the touchline. Once across the touchline, the member can return to their surfboat for a second lap, repeating the touchline run. At the finish of the third lap (in the men's race only) one member must leave the boat and run across the finish line. Three lap races are approximately 2,000 meters and two lap races are approximately 1,200 meters.

Men's 35-39:

4. California State Lifeguard Association

Men's 40-44:

3. California State Lifeguard Association

Men's 45-49:

2. California State Lifeguard Association

SURF SKI: Competitors steady their skis in line in kneedeep water about 1.5 meters apart. On the starting signal, competitors paddle their skis around the apex course marked by three red buoys in a clockwise direction and return to finish when any part of their ski crosses the finish line.

Men's 35-39:

3. Casey Graham – California State Lifeguard Association

Men's 40-44

1. Jerry Merayo – California State Lifeguard Association

3. Wade Rickerson – California State Lifeguard Association

Men's 45-49:

1. Patrick Hemmens – California State Lifeguard Association

Men's 55-59:

1. Nathan Shoemaker – California State Lifeguard Association

Women's 35-39

1. Emily Hagen – California State Lifeguard Association

Women's 45-49

1. Patty Mackle – California State Lifeguard Association

BEACH FLAGS: From a prone starting position on the beach, competitors rise, turn and race to obtain a baton (beach flag) buried upright in the sand approximately 20 meters away. Since there are always fewer batons than competitors, those who fail to obtain a baton are eliminated.

Men's 30-34

2. Paul Andrus – California State Lifeguard Association

Women's 35-39

1.Emily Hagen – California State Lifeguard Association

Women's 40-44

1.Ellen Faustine – California State Lifeguard Association

Women's 45-49

1. Patty Mackle – California State Lifeguard Association
3. Shannon Delaney – California State Lifeguard Association

IRONMAN/IRONWOMAN: Competitors cover a 1,400 meter (approx.) course that includes a swim leg, a board leg, a ski leg and a beach sprint finish.

Women's 35-39

2. Emily Hagen – California State Lifeguard Association

Women's 40-44

1. Ellen Faustine – California State Lifeguard Association

Women's 45-49

1. Patty Mackle – California State Lifeguard Association
2. Shannon Delaney – California State Lifeguard Association

RESCUE RACE: Four competitors from each team participate in the event: a “victim,” one rescue tube swimmer and two rescuers. The victim swims approximately 120 meters to a designated buoy, signals and waits to be rescued by the rescue tube swimmer. As they return to shore, the remaining two rescuers enter the water to assist. The event finishes when the first competitor in a team crosses the finish line while in contact with the victim.

Men's Open (Final “A” Race):

3. California State Lifeguard Association (B)

IRONMAN/IRONWOMAN: Competitors cover a 1,400 meter (approx.) course that includes a swim leg, a board leg, a ski leg and a beach sprint finish.

Men's 45-49:

Patrick Hemmens – California State Lifeguard Association

Men's 55-59:

1. Nathan Shoemaker – California State Lifeguard Association

Women's 35-39

1. Emily Hagen – California State Lifeguard Association

Women's 45-49

1. Patty Mackle – California State Lifeguard Association

SURF SWIM: With a running start into the surf from the start line on the beach, competitors swim around the 400 meter course designated by buoys, around the left end buoy of the flag line to the two black and white buoys returning to shore passing the right end of the flag buoy line to finish between the finish flags on the beach.

Men's 35-39

2. Chris Egan – California State Lifesaving Association

Men's 45-49

2. Rick Graves – California State Lifeguard Association

Men's 50-54

3. Jamie Schnick – California State Lifeguard Association

Men's 60-64

Thomas Barnett – California State Lifeguard Association

Women's 35-39

1. Emily Hagen – California State Lifeguard Association

Women's 40-44

2. Ellen Faustine – California State Lifeguard Association

Women's 45-49

1. Patty Mackle – California State Lifeguard Association

3. Shannon Delaney – California State Lifeguard Association

Women's 50-54

2. Julie Moss – California State Lifeguard Association

SURF BOAT RACE: Two-person surf boat teams row around the three outside buoy courses, returning to shore where one member disembarks from the boat and runs up to the touchline. Once across the touchline, the member can return to their surfboat for a second lap, repeating the touchline run. At the finish of the third lap (in the men's race only) one member must leave the boat and run across the finish line. Three lap races are approximately 2,000 meters and two lap races are approximately 1,200 meters.

(Final "B" Race)

3. (tie) Fort Lauderdale, Fla.; California State Lifeguard Association

BOARD RACE: Competitors stand on or behind the start line on the beach with their boards 1.5 meters apart. At the start signal, competitors enter the water, launch their boards and paddle the course marked by buoys, return to the beach and run to cross the finish line. Competitors are not permitted to hold or otherwise interfere with other competitors' boards or deliberately impede their progress.

Men's Open:

2. Shane Scoggins – California State Lifeguard Association

Men's 40-44

3. Wade Rickerson – California State Lifeguard Association

Men's 45-49

2. Patrick Hemmens – California State Lifeguard Association

Men's 55-59

2. Nathan Shoemaker – California State Lifeguard Association

Men's 60-64

1. Thomas Barnett – California State Lifeguard Association

Women's 35-39

2. Emily Hagen – California State Lifeguard Association

Women's 45-49

2. Shannon Delaney – California State Lifeguard Association
3. Patty Mackle – California State Lifeguard Association

Women's 50-54

2. Julie Moss – California State Lifeguard Association

SURF SKI: Competitors steady their skis in line in knee-deep water about 1.5 meters apart. Competitors paddle their skis around the apex course marked by three buoys in a clockwise direction and return to finish when any part of the ski crosses the in-water finish line-ridden, gripped or carried by the competitor. Competitors may lose contact with their ski without necessarily being disqualified.

Men's Open:

2. Patrick Hemmens – California State Lifeguard Association

BOARD RESCUE RACE: One member of the team swims 120 meters (approx.) to a designated buoy, signals and waits to be picked up by the second member of the team on a board. The both paddle to shore and cross the finish line on the beach with the board. Competitors must start from the correct allotted position. Competitors swimming to and signaling from the wrong buoy shall be disqualified.

Men's Open Final "A":

3. California Lifeguard Association (A) – Shane Scoggins and Collin Baratte

Men's Open Final "B":

3. California State Lifeguards (C) – Scott Goodard and Israel Dedina

2K BEACH RUN: Competitors race 2,000 meters on the beach in two 1,000 meter legs as follows: on the starting signal, competitors race along the left side of the lane to round the turning pole 1,000 meters distant, and return 1,000 meters toward the starting pole, then race to cross the finish line. The finish is judged on the competitor's chest crossing the finish line. Competitors must finish on their feet in an upright position.

Men's Open:

2. Scott Goddard – California State Lifeguard Association

LANDLINE RESCUE: This event consists of four persons – one "victim," one landline swimmer and two landline pullers. At the start, the landline swimmer with the shoulder strap or harness already on, swims in the assigned line to the "victim." Only the landline pullers may feed line to the swimmer. When the swimmer reaches the "victim," the swimmer raises one arm in the air as a sign to the pullers to commence pulling.

Men's Open Final "B"

2. California State Lifeguard Association – Spencer Rodman, Mitchell Heimbach, Jerry Merayo, Paul Andrus

TAPLIN RELAY: Teams of four competitors (1 swimmer, 1 board paddler, 1 surf skier and 1 runner) cover the 1,400 (approx.) meter course in a sequence of legs determined by draw at the start of each competition. The run leg is always the final leg.

Men's Open:

1. California State Lifeguard Association – Patrick Hemmens, Collin Baratte, Shane Scoggins, Sean Butler