California State Parks Lifeguard

MAKE A DIFFERENCE! BECOME A CALIFORNIA STATE PARKS SEASONAL LIFEGUARD!

STARTING PAY $14.91 PER HOUR

BEGIN A REWARDING & CHALLENGING CAREER!
Work as a seasonal lifeguard for the California State Park System at a State Park ocean beach.

BE TRAINED IN:
- Advanced First Aid, CPR, AED
- Open Water Lifesaving Techniques
- Aquatic Search and Rescue Procedures

REQUIREMENTS:
- Possession of a valid California drivers license with a good driving record at time of appointment.
- Physical strength and endurance.
- Willingness to work weekends and holidays.
- Visual and hearing acuity necessary to detect and rescue a struggling victim in the water.

TO QUALIFY: Picture I.D. is REQUIRED on the day of the swim test. All minors are required to have a parent or guardian PRESENT on the day of the swim test for swim test waiver signature. You are required to complete the following:
1.) You must pass a COMPETITIVE swimming test at a listed location consisting of the following:
   - 1,000 yard open water swim. Time limit of 20 minutes.
   - A continuous 200 yard run, 400 yard swim, 200 yard run. Time limit of 10 minutes.
2.) Qualification appraisal interview.
3.) Successful completion of the California State Park Lifeguard Training Program.(8days)
4.) Successful completion of work location Field Training Program.

TO OCEAN TESTING DATES AND LOCATIONS:

- Huntington State Beach, Saturday, March 3, 2012, 9:00 am
- Silver Strand State Beach, Saturday, March 10, 2012, 9:00 am
- Rio Del Mar State Beach, Saturday, March 10, 2012, 9:00 am
- South Carlsbad State Beach, Sunday, March 11, 2012, 9:00 am
- Leo Carrillo State Park, Saturday, March 17, 2012, 9:00 am
- Crystal Cove State Park, Saturday, March 17, 2012, 9:00 am
- Monterey State Beach, Saturday, March 24, 2012, 9:00 am
- San Clemente State Beach, Saturday, March 24, 2012, 9:00 am
- Refugio State Beach, Sunday, March 25, 2012, 9:00 am
- Oceano Dunes SVRA, Saturday, March 31, 2012, 9:00 am
- Ventura (San Buenaventura) State Beach, Sunday, April 1, 2012, 9:00 am
- Half Moon Bay State Beach, Saturday, April 14, 2012, 9:00 am

FOR FURTHER INFORMATION PLEASE CALL:
- San Diego County, South: 619-435-0126
- San Diego County, North: 760-438-2675
- Orange County, South: 949-366-8509
- Orange County, Central: 949-497-7641
- Orange County, North: 714-377-5691
- Los Angeles County, North: 310-457-2585
- Ventura County: 805-648-3321
- Santa Barbara County: 805-968-3834
- San Luis Obispo County: 805-473-7248
- Monterey County: 831-649-2808
- Santa Cruz County: 831-427-4868
- San Mateo County: 650-726-8806
- Sonoma Coast: 707-865-2391

2012 Ocean Training Dates @ Huntington State Beach:
The Lifeguard Training Program is 8 days / 80+ hours

Ocean Session I: May 12/13, 19/20, 26/27, June 2/3
Ocean Session II: Saturday, June 16 – Saturday, June 23

Note: Listed training dates may change or be cancelled due to scheduling or operational needs.

WANT TO LEARN MORE?
Visit our website and watch our State Lifeguard Training video!

Go to: www.parks.ca.gov/aquaticafety

For more information and questions contact:
AquaticSafety@parks.ca.gov
Phone: 831-649-7132

Service, Vigilance, Endurance

Since 1950
California State Parks Lifeguard

MAKE A DIFFERENCE! BECOME A CALIFORNIA STATE PARKS SEASONAL LIFEGUARD!

STARTING PAY $14.91 PER HOUR

BEGIN A REWARDING & CHALLENGING CAREER!
Work as a seasonal lifeguard for the California State Parks System at a State Recreation Area lake or reservoir.

BE TRAINED IN:
- Advanced First Aid
- CPR and use of Automated External Defibrillator
- Open Water Lifesaving Techniques
- Aquatic Search and Rescue Procedures

REQUIREMENTS:
- Possession of a valid California drivers license with a good driving record at time of appointment.
- Physical strength and endurance.
- Willingness to work weekends and holidays.
- Visual and hearing acuity necessary to detect and rescue a struggling victim in the water.

TO QUALIFY: Picture I.D. is REQUIRED on the day of the swim test. All minors are required to have a parent or guardian PRESENT on the day of the swim test for swim test waiver signature.

1.) You must pass a COMPETITIVE swimming test consisting of the following:
   - A continuous 200 yard run, 400 yard swim, 200 yard run. Time limit of 10 minutes.

2.) Qualification appraisal interview.

3.) Successful completion of the California State Park Lifeguard Training Program. (8 days/80 hours)

LAKE TESTING DATES AND LOCATIONS:

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perris Beach, Lake Perris SRA</td>
<td>Sunday, March 25, 2012</td>
<td>9:00 am</td>
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<tr>
<td>Millerton Lake State Recreation Area</td>
<td>Saturday, March 31, 2012</td>
<td>10:00 am</td>
</tr>
<tr>
<td>San Luis Reservoir SRA</td>
<td>Saturday, April 14, 2012</td>
<td>10:00 am</td>
</tr>
<tr>
<td>Beals Point, Folsom Lake SRA</td>
<td>Saturday, April 21, 2012</td>
<td>9:00 am</td>
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<tr>
<td>Perris Beach, Lake Perris SRA</td>
<td>Sunday, April 29, 2012</td>
<td>9:00 am</td>
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<tr>
<td>Beals Point, Folsom Lake SRA</td>
<td>Saturday, May 5, 2012</td>
<td>9:00 am</td>
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<tr>
<td>Lake Oroville SRA</td>
<td>Saturday, May 19, 2012</td>
<td>9:00 am</td>
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FOR FURTHER INFORMATION PLEASE CALL:
- Southern California Lakes & Reservoirs
  - Perris Lake: 951-940-5645
  - Silverwood Lake: 760-389-2281
- Northern/Central California Lakes & Reservoirs
  - Folsom Lake: 916-988-0205
  - Lake Oroville: 530-538-2200
  - Millerton Lake: 559-822-2332
  - San Luis Reservoir: 209-826-1197

Want to Learn More?
Visit our website and watch our State Lifeguard Training video!
Go to:
www.parks.ca.gov/aquaticsafety

For more information and questions contact:
AquaticSafety@parks.ca.gov
Phone: 831-649-7132

Lake Training Dates 2012 @ Lake Perris SRA:

Inland Session I: Monday, June 11 - Monday, June 18

Note: Listed training dates may change or be cancelled due to scheduling or operational needs.