California State Parks Lifeguard

MAKE A DIFFERENCE! BECOME A CALIFORNIA STATE PARKS SEASONAL LIFEGUARD I

STARTING PAY $14.91 PER HOUR

BEGIN A REWARDING & CHALLENGING CAREER!

Work as a seasonal lifeguard for the California State Park System at a State Park ocean beach.

BE TRAINED IN:

- **Advanced First Aid, CPR, AED**
- **Open Water Lifesaving Techniques**
- **Aquatic Search and Rescue Procedures**

In accordance with Government Code 19063-19063.8, any person admitted to the interview and who is receiving public assistance under the CalWorks Program shall be given priority consideration. Equal opportunity to all regardless of sex, race, ancestry, disability, age or sexual orientation.

REQUIREMENTS:

- **Possession of a valid California drivers license with a good driving record at time of appointment.**
- **Physical strength and endurance.**
- **Willingness to work weekends and holidays.**
- **Visual and hearing acuity necessary to detect and rescue a struggling victim in the water.**

TO QUALIFY: Picture I.D. is REQUIRED on the day of the swim test. All minors are required to have a parent or guardian PRESENT on the day of the swim test for swim test waiver signature. You are required to complete the following:

1.) You must pass a COMPETITIVE swimming test consisting of the following:
- **1,000 yard open water swim. Time limit of 20 minutes.**
- **A continuous 200 yard run, 400 yard swim, 200 yard run. Time limit of 10 minutes.**

2.) Qualification appraisal interview.
3.) Successful completion of the California State Park Lifeguard Training Program.(8days)
4.) Successful completion of work location Field Training Program.

OCEAN TESTING DATES AND LOCATIONS:

Huntington State Beach	Saturday, March 5, 2011	9:00 am
Silver Strand State Beach	Saturday, March 12, 2011	9:00 am
Rio Del Mar State Beach	Saturday, March 12, 2011	9:00 am
South Carlsbad State Beach	Sunday, March 13, 2011	9:00 am
Leo Carrillo State Park	Saturday, March 19, 2011	9:00 am
Crystal Cove State Park	Saturday, March 19, 2011	9:00 am
Monterey State Beach	Saturday, March 26, 2011	9:00 am
San Clemente State Beach	Saturday, March 26, 2011	9:00 am
Refugio State Beach	Sunday, March 27, 2011	9:00 am
Oceano Dunes SVRA	Saturday, April 2, 2011	9:00 am
Ventura (San Buenaventura) State Beach	Sunday, April 3, 2011	9:00 am

FOR FURTHER INFORMATION PLEASE CALL:

San Diego County, South	619-435-0126
San Diego County, North	760-438-2675
Orange County, South	949-366-8509
Orange County, Central	949-497-7641
Orange County, North	714-377-5691
Los Angeles County, North	310-457-2585
Ventura County	805-648-3321
Santa Barbara County	805-968-3834
Monterey County	831-649-2808
Santa Cruz County	831-427-4868
San Mateo County	650-726-8806
Sonoma Coast	707-865-2391

Want to Learn More?
Visit our website and watch our State Lifeguard Training video!

Go to:
www.parks.ca.gov/aquaticsafety

For more information and questions contact:
AquaticSafety@parks.ca.gov
Phone: 831-649-7132

2011 Ocean Training Dates @ Huntington State Beach:

The Lifeguard Training Program is 8 days / 80+ hours

Ocean Session I: May 14/15, 21/22, 28/29, June 4/5
Ocean Session II: Saturday, June 18 – Saturday, June 25

Note: Listed training dates may change due to scheduling or operational needs.

SINCE 1950

SERVICE, VIGILANCE, ENDURANCE

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Work as a seasonal lifeguard for the California State Parks System at a State Recreation Area lake, or reservoir.

BE TRAINED IN:

- **Advanced First Aid**
- **CPR and use of Automated External Defibrillator**
- **Open Water Lifesaving Techniques**
- **Aquatic Search and Rescue Procedures**

In accordance with Government Code 19063-19063.8, any person admitted to the interview and who is receiving public assistance under the CalWorks Program shall be given priority consideration. Equal opportunity to all regardless of sex, race, ancestry, disability, age or sexual orientation.

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2.) Qualification appraisal interview.
3.) Successful completion of the California State Park Lifeguard Training Program.(8days/80 hours)
4.) Successful completion of work location Field Training Program.

LAKE TESTING DATES AND LOCATIONS:

Perris Beach, Lake Perris SRA	Sunday, March 27, 2011	9:00 am
Millerton Lake State Recreation Area	Saturday, April 9, 2011	10:00 am
San Luis Reservoir SRA	Saturday, April 16, 2011	10:00 am
Beals Point, Folsom Lake SRA	Saturday, April 16, 2011	9:00 am
Perris Beach, Lake Perris SRA	Sunday, April 24, 2011	9:00 am
Beals Point, Folsom Lake SRA	Saturday, May 7, 2011	9:00 am
Lake Oroville SRA	Saturday, May 21, 2011	9:00 am

FOR FURTHER INFORMATION PLEASE CALL:

Southern California Lakes & Reservoirs

Perris Lake:	951-940-5645
Silverwood Lake:	760-389-2281

Northern/Central California Lakes & Reservoirs

Folsom Lake:	916-988-0205
Lake Oroville:	530-538-2200
Millerton Lake:	559-822-2332
San Luis Reservoir:	209-826-1197

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For more information and questions contact:
AquaticSafety@parks.ca.gov
Phone: 831-649-7132

Lake Training Dates 2011 @ Lake Perris SRA:

Inland Session I: Monday, June 13 - Monday, June 20

Note: Listed training dates may change due to scheduling or operational needs.

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