MAKE A DIFFERENCE! BECOME A CALIFORNIA STATE PARK SEASONAL LIFEGUARD

STARTING PAY $14.91 PER HOUR

BEGIN A REWARDING & CHALLENGING CAREER!
Work as a seasonal lifeguard for the California State Park System at a State Park beach, lake, or reservoir.

BE TRAINED IN:
- Advanced First Aid & CPR
- Open Water Lifesaving Techniques
- Aquatic Search and Rescue Procedures

REQUIREMENTS:
- Possession of a valid California drivers license with a good driving record at time of appointment.
- Physical strength and endurance.
- Willingness to work weekends and holidays.
- Visual and hearing acuity necessary to detect and rescue a struggling victim in the water.

TO QUALIFY: Picture I.D. is REQUIRED on the day of the swim test. All minors are required to have a parent or guardian PRESENT on the day of the swim test for swim test waiver signature.

1.) You must pass a COMPETITIVE swimming test consisting of the following:
- 1,000 yard open water swim. Time limit of 20 minutes.
- A continuous 200 yard run, 400 yard swim, 200 yard run. Time limit of 10 minutes.

2.) Qualification appraisal interview.

3.) Successful completion of the California State Park Lifeguard Training Program.(8days)

4.) Successful completion of work location Field Training Program.

OCEAN TESTING DATES AND LOCATIONS:
- Huntington State Beach Saturday, March 7, 2009 9:00 am
- Ventura (San Buenaventura) State Beach Sunday, March 8, 2009 9:00 am
- Silver Strand State Beach Saturday, March 14, 2009 9:00 am
- Rio Del Mar State Beach Saturday, March 14, 2009 9:00 am
- South Carlsbad State Beach Sunday, March 15, 2009 9:00 am
- Leo Carrillo State Park Saturday, March 21, 2009 9:00 am
- San Clemente State Beach Saturday, March 28, 2009 9:00 am
- Refugio State Beach Sunday, March 29, 2009 9:00 am
- Monterey State Beach Saturday, April 4, 2009 9:00 am
- Crystal Cove State Park Saturday, April 4, 2009 9:00 am

LAKE TESTING DATES AND LOCATIONS:
- Perris Beach, Lake Perris SRA Sunday, March 29, 2009 9:00 am
- Millerton Lake State Recreation Area Saturday, April 4, 2009 10:00 am
- San Luis Reservoir SRA Saturday, April 18, 2009 10:00 am
- Beals Point, Folsom Lake SRA Saturday, April 18, 2009 9:00 am
- Perris Beach, Lake Perris SRA Saturday, April 25, 2009 9:00 am
- Beals Point, Folsom Lake SRA Saturday, May 16, 2009 9:00 am

FOR FURTHER INFORMATION PLEASE CALL:
- San Diego County, South 619-435-0126
- San Diego County, North 760-438-2675
- Orange County, South 949-366-8509
- Orange County, Central 949-497-7641
- Orange County, North 714-377-5691
- Los Angeles County, North 310-457-2585
- Ventura County 805-648-3321
- Santa Barbara County 805-968-3834
- Monterey County 831-649-2808
- Santa Cruz County 831-427-4868
- San Mateo County 650-726-8806
- Sonoma Coast 707-865-2391
- Southern California Lakes & Reservoirs
  - Perris Lake: 951-940-5645
  - Silverwood Lake: 760-389-2281
- Northern/Central California Lakes & Reservoirs
  - Folsom Lake: 916-988-0205
  - Millerton Lake: 559-822-2332
  - San Luis Reservoir: 209-826-1197

Want to Learn More? Visit our website and watch our State Lifeguard Training video!
Go to: www.parks.ca.gov/aquaticsafety
For more information and questions contact: AquaticSafety@parks.ca.gov

In accordance with AB 1531, any person admitted to the interview and who is receiving State Public Assistance under the Aid to Families with Dependent Children Program shall be given priority consideration. Equal opportunity to all regardless of sex, race, ancestry, disability, age or sexual orientation.

2009 LIFEGUARD TRAINING PROGRAMS (all programs are 8 day/80 hours):

Ocean Lifeguard Training Dates @ Huntington State Beach
I. Weekends May 9-10, 16-17, 23-24, May 30-31
II. Sunday, June 7 through Sunday, June 14
III. Saturday, June 20 through Saturday, June 27

Lake Lifeguard Training Dates @ Lake Perris
I. Monday, June 15 through Monday, June 22