

 **Refugio Junior Lifeguard Calendar 2020: June 22<sup>nd</sup> 2020 -July 17<sup>th</sup> 2020** 

Dates in red are days we will not be at Refugio!

<p>Monday, June 22<sup>nd</sup></p>  <p>Orientation Day and Introduction to Equipment!</p>	<p>Tuesday, June 23<sup>rd</sup></p>  <p>Ocean Conditions and Body Surfing!</p>	<p>Wednesday, June 24<sup>th</sup></p>  <p>Tides and Marine Life! <b>El Cap Day 1!</b></p>	<p>Thursday, June 25<sup>th</sup></p>  <p>Waves and Proper Surfing Techniques!</p>	<p>Friday, June 26<sup>th</sup></p>  <p>Surfing Contest! <b>Jalama Day 1!</b></p>
<p>Monday, June 29<sup>th</sup></p>  <p>Ocean Water Polo!!!</p>	<p>Tuesday, June 30<sup>th</sup></p>  <p>Introduction to First Aid!</p>	<p>Wednesday, July 1<sup>st</sup></p>  <p>Major Medicals and how to deal with them!</p>	<p>Thursday, July 2<sup>nd</sup></p>  <p>CPR and Comp Skills</p>	<p>Friday, July 3<sup>rd</sup></p>  <p><b>Goleta Pier Jump</b></p>
<p>Monday, July 6<sup>th</sup></p>  <p>Kayaking Day 1!</p>	<p>Tuesday, July 7<sup>th</sup></p>  <p>Natural Disasters</p>	<p>Wednesday, July 8<sup>th</sup></p>  <p>Snorkeling Day 1! <b>El Cap Day 2!</b></p>	<p>Thursday, July 9<sup>th</sup></p>  <p>Duties of a Lifeguard</p>	<p>Friday, July 10<sup>th</sup></p>  <p><b>COMP!!</b></p>
<p>Monday, July 13<sup>th</sup></p>  <p>Snorkeling Day 2!</p>	<p>Tuesday, July 14<sup>th</sup></p>  <p>Kayaking Day 2!</p>	<p>Wednesday, July 15<sup>th</sup></p>  <p><b>Gaviota Day!</b></p>	<p>Thursday, July 16<sup>th</sup></p>  <p>Patch Swim! End of Session Banquet!</p>	<p>Friday, July 17<sup>th</sup></p>  <p><b>COMP!!</b></p>

**\*\*\*CALENDAR ACTIVITIES AND FIELD TRIPS SUBJECT TO CHANGE\*\*\***