

**OUTDOOR RECREATION
YOUTH
QUESTIONNAIRE**

Conducted for California State Parks



by

**Department of Recreation, Parks, & Tourism
Administration
Cal Poly San Luis Obispo**

**Department of Parks, Recreation, & Tourism Department
University of Utah**

IntelliQ Research & Strategy

Dear California Youth,

In this survey we are going to ask you questions about the kinds of things you like to do for fun outside. Please read each question very carefully and answer it the best you can. If you don't know what a question means, it's okay to ask your mom, dad, guardian or another adult to explain it to you. But we want your answers to be about your own activities and thoughts, not the activities and thoughts of someone else. The information that you provide is very important to the future of outdoor recreation for all ages in California. Once we receive your completed survey you will be sent \$5 in the mail.

MARKING INSTRUCTIONS:

- Use a dark colored ballpoint pen such as blue or black. A No. 2 pencil can also be used.
- Do not use other colors of ballpoint pens such as pink or red.
- Do not use markers or felt tip pens which can bleed through the page.
- Erase cleanly any marks you wish to change.
- Mark solid marks that fill the response completely:

CORRECT: ●

INCORRECT: ✓ ● ◐

1. What is your favorite outdoor activity? _____
[See table 9.1.1]
2. Why is this activity your favorite activity? (please fill in one or more circles)
[See table 9.1.2]
 - To do something with my friends or family
 - For fun and enjoyment
 - For exercise or fitness
 - To be outside
 - Other (please write out) _____

3. Who do you do this activity with? (please fill in one or more circles)
[See table 9.3.1]
- Alone (yourself)
 - Immediate family (parents, brothers, sisters)
 - Extended family (grandparents, aunts, uncles, cousins)
 - Friends
 - Other (write what other people)_____
4. Where do you most often do this activity? (please fill in only **ONE** circle)
[See table 9.2.1]
- My yard
 - My school
 - Other area or park in my neighborhood
 - Other area or park outside of my neighborhood, but within my town/city
 - Other area or park outside my town/city
 - Other (please indicate where)_____
5. How do you **usually** get to your favorite outdoor activity? (Please fill in only **ONE** circle)
[See table 9.4.1]
- I walk
 - I ride a bike
 - I take the bus
 - I take the train
 - An adult drives me in a car
 - I am at least 16 years old and usually drive a car to get to the activity
 - Other _____

6. Please fill in the circles below for the activities that you have done before the age of 14. Please also write the reasons why you have or have not done them. For example, reasons you may have done an activity might be that it is fun, exciting, that it gets you outside, or that it lets you be with your friends; reasons you may have not have done an activity might be that you are not interested, it is too dangerous, it is too expensive, you prefer to be indoors, you'd rather spend time on a computer or watching T.V., you are too busy with chores, homework or other recreation activities, or you don't have someone to do it with. There may be other reasons that you can think of to write below. [See tables 10.4.1, C.1-C.21]

Activity:

Reasons you did or did not participate:

Connect with the past

Reasons you did: _____

Reasons you did not: _____

Play in safe place

Reasons you did: _____

Reasons you did not: _____

Camp under the stars

Reasons you did: _____

Reasons you did not: _____

Explore nature

Reasons you did: _____

Reasons you did not: _____

Learn to swim

Reasons you did: _____

Reasons you did not: _____

Follow a trail

Reasons you did: _____

Reasons you did not: _____

Go fishing

Reasons you did: _____

Reasons you did not: _____

Go boating

Reasons you did: _____

Reasons you did not: _____

Ride a bike

Reasons you did: _____

Reasons you did not: _____

Plant a seed

Reasons you did: _____

Reasons you did not: _____

7. How much do you agree with each of the following sentences? [See table 10.5.1]

	Agree A Lot	Agree A Little	Disagree A Little	Disagree A Lot
It is important to spend time with nature.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Taking care of our environment is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel connected to the natural world around me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel comfortable outdoors in a natural environment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can use the outdoors as a place to deal with stress.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like to try new activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. Please tell us about your participation in outdoor activities. For each activity, fill in the circle if you participated in it **during the past 12 months**. If you **did not** do an activity, leave the circle blank. Also, for each activity (whether you have done it or not in the past 12 months) fill in the circle if you would like to do the activity more often. [See tables 10.1.1, 10.1.2, 10.2.1, 10.2.2]

Participated in the past 12 months	Would like to do more	Activity
<input type="radio"/>	<input type="radio"/>	Mountain biking (unpaved dirt surfaces on trails or roads)
<input type="radio"/>	<input type="radio"/>	Day hiking on unpaved trails
<input type="radio"/>	<input type="radio"/>	Backpacking (overnight hiking)
<input type="radio"/>	<input type="radio"/>	Rock climbing
<input type="radio"/>	<input type="radio"/>	Horseback riding
<input type="radio"/>	<input type="radio"/>	Walking on paved streets, sidewalks, paths, or trails in your community
<input type="radio"/>	<input type="radio"/>	Jogging or running
<input type="radio"/>	<input type="radio"/>	Skateboarding (skate parks, paths, sidewalks)
<input type="radio"/>	<input type="radio"/>	In-line skating or rollerblading
<input type="radio"/>	<input type="radio"/>	Camping (tent, recreational vehicle, trailer)
<input type="radio"/>	<input type="radio"/>	Picnicking
<input type="radio"/>	<input type="radio"/>	Fishing
<input type="radio"/>	<input type="radio"/>	Radio controlled airplanes, boats and/or vehicles
<input type="radio"/>	<input type="radio"/>	Hunting
<input type="radio"/>	<input type="radio"/>	Archery

8. (Continued)

Participated in the past 12 months	Would like to do more	Activity
<input type="radio"/>	<input type="radio"/>	Target shooting
<input type="radio"/>	<input type="radio"/>	Operating motor vehicles on dirt roads or trails
<input type="radio"/>	<input type="radio"/>	Swimming in a pool
<input type="radio"/>	<input type="radio"/>	Swimming in ocean, lakes, rivers, and streams
<input type="radio"/>	<input type="radio"/>	Surfing or boogie boarding
<input type="radio"/>	<input type="radio"/>	Paddle sports (kayaking, canoeing, rowing)
<input type="radio"/>	<input type="radio"/>	Beach activities, surf play (including sunbathing, wading, playing on beach)
<input type="radio"/>	<input type="radio"/>	Waterskiing or wakeboarding
<input type="radio"/>	<input type="radio"/>	Jet skis or wave runners
<input type="radio"/>	<input type="radio"/>	Visiting historical or cultural sites, museums, zoos, gardens
<input type="radio"/>	<input type="radio"/>	Playing in a park (games, kite flying, catch with a ball, Frisbee, play structure, swing set, etc.)
<input type="radio"/>	<input type="radio"/>	Exploring tide pools
<input type="radio"/>	<input type="radio"/>	Wildlife viewing and watching
<input type="radio"/>	<input type="radio"/>	Going on a scenic drive
<input type="radio"/>	<input type="radio"/>	Going on a scenic ride
<input type="radio"/>	<input type="radio"/>	Snowboarding
<input type="radio"/>	<input type="radio"/>	Attending outdoor events (festivals, fairs, concerts, historical reenactments, outdoor theatre)
<input type="radio"/>	<input type="radio"/>	Downhill skiing (snow skiing with a lift)
<input type="radio"/>	<input type="radio"/>	Cross-country skiing
<input type="radio"/>	<input type="radio"/>	Sledding, ice skating, snow play
<input type="radio"/>	<input type="radio"/>	Snowshoeing
<input type="radio"/>	<input type="radio"/>	Snowmobiling
<input type="radio"/>	<input type="radio"/>	Team sports (baseball, soccer, softball, football, basketball, volleyball, etc.)
<input type="radio"/>	<input type="radio"/>	Tennis
<input type="radio"/>	<input type="radio"/>	Golf
<input type="radio"/>	<input type="radio"/>	Bicycling (on paved surfaces)
<input type="radio"/>	<input type="radio"/>	Martial arts/tai chi/yoga
<input type="radio"/>	<input type="radio"/>	Other activity (please write out) _____
<input type="radio"/>	<input type="radio"/>	Other activity (please write out) _____

9. What could be done that would help you to participate in outdoor activities more often?

Please select ONE of the following actions: [See table 10.3.2]

<input type="radio"/>	Provide areas for these activities that are just for kids my age
<input type="radio"/>	Provide equipment (like sports equipment, playground equipment)
<input type="radio"/>	Provide more recreation areas closer to my home (sports fields, skateboard parks, open space areas, trails)
<input type="radio"/>	Provide safer ways to get to recreation areas close to my home
<input type="radio"/>	Provide transportation to recreation areas and activities
<input type="radio"/>	Provide instruction or lessons
<input type="radio"/>	Improve the feeling of safety in parks I'd like to use
<input type="radio"/>	Provide more afterschool programs or community programs in my area that offer these activities.
<input type="radio"/>	Other (write in what would help) _____

10. Do the reasons below keep you from doing outdoor activities? Please fill in a circle for yes, no, or sometimes for each reason. [See table 10.3.1]

Yes	No	Sometimes	Reason
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I'm too busy (with homework, after-school activities, chores, work)
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I'd rather be on the Internet (Facebook, surfing the web) or playing video games
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I'd rather be watching TV
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	My parents or guardians can't afford the activities I would like to do
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	A recreation area or park is too far away to walk, drive or ride my bike
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	My parents or guardians think the activities are too dangerous (I might hurt myself)
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	My friends don't want to do the outdoor activities that I want to do
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	No one in my family does these activities
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I don't know what to do
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I don't know where to go to do outdoor activities
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	I don't know how to do outdoor activities

Yes	No	Sometimes	Reason
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	It isn't safe to do these activities near where I live (because of crime or gang activity)
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	It is too hot or cold outside (or other weather reasons)
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Other (please write the reason or reasons) _____

11. Are you? Girl (female) Boy (male) [See table 8.1.1]

12. What is your age? _____ [See table 8.1.1]

Thank you for completing the survey! Please give this questionnaire back to your parents, guardian or another adult and ask them to mail it with their completed questionnaire.